

<b>Healthier Communities Select Committee</b>			
Title	Delivery of the Lewisham Health and Wellbeing Priorities		
Contributor	Danny Ruta, Director of Public Health	Item	4
Class	Part 1 (open)	21 October 2014	

## **1. Purpose**

- 1.1. The purpose of this report is to update the Healthier Communities Select Committee on the progress made in the delivery of the Lewisham Health and Wellbeing Strategy priorities.

## **2. Recommendation**

- 2.1. Members of the Healthier Communities Select Committee are recommended to comment on the content of the report.

## **3. Policy Context**

- 3.1 The Health and Social Care Act became law in March 2012 and provided the legal basis for the transfer of public health functions from the NHS to local authorities as part of the wider NHS Transformation Programme. Under the Act, the majority of Public Health responsibilities and functions transferred to the Council on 1 April 2013.
- 3.2 The Health and Social Care Act (2012) places a statutory obligation on the Council, Clinical Commissioning Group (CCG) and the NHS Commissioning Board to develop a Joint Strategic Needs Assessment to produce a joint Health & Wellbeing Strategy to meet the needs identified needs identified.

## **4. Strategic Context**

- 4.1 The delivery of the Health & Wellbeing Strategy directly contributes to the priority outcome in Shaping our Future that communities in Lewisham should be Healthy, Active and Enjoyable – where people can actively participate in maintaining and improving their health and wellbeing. The delivery plan is still in line with this priority, and with the priorities of the Children and Young People’s Plan, several of which continue to be shared with the Health & Wellbeing Strategy priorities.
- 4.2 The Better Care Fund (BCF) sits as part of a wider Adult health & Social Care Integration Programme and the focus of this work is to establish better co-ordinated and planned care closer to home, thus reducing demand for emergency/crisis care in acute settings and preventing people from requiring mental health and social care services. Many of the priority actions in the Health & Wellbeing Strategy Delivery Plan, including those directed at prevention and behaviour change, but specifically those actions aimed at delaying and reducing the need for long term care and support (priority 8), and at reducing the number of emergency admissions for people with long term conditions (priority 9), have been refreshed so that they

directly contribute to health and social care integration, and to ensure compliance with the new Care Act.

- 4.3 As part of a review of the Health & Wellbeing Board's work after its first year, the Board agreed to place greater focus on a small number of key cross-cutting areas where the Board can add value to those actions already being undertaken through the delivery plan. These are: Food, Housing and Social Isolation.

## **5. Background**

- 5.1 In developing the Lewisham Health and Wellbeing Strategy, the Council together with its partners used the Lewisham JSNA evidence and:

- looked at those areas which collectively are able to make the biggest difference to health and wellbeing at all levels of our health and social care system;
- listened to the voice of Lewisham people and local communities, the voluntary and community sector, about the issues that affect their health and wellbeing;
- chose those areas and actions that would enable transformative system level change and integration across social care, primary and community care, and hospital care;
- considered in particular those areas where early action would improve quality and length of life in the future, and reduce the need for additional health and social care interventions later on.

Hence, the following 9 priority areas were selected for action over the next ten years:

- Priority 1: Achieving a Healthy Weight
- Priority 2: Increasing the number of people who survive colorectal, breast and lung cancer for 1 and 5 years
- Priority 3: Improving Immunisation Uptake
- Priority 4: Reducing Alcohol Harm
- Priority 5: Preventing the uptake of smoking among children and young people and reducing the numbers of people smoking
- Priority 6: Improving mental health and wellbeing
- Priority 7: Improving sexual health
- Priority 8: Delaying and reducing the need for long term care and support.
- Priority 9: Reducing the number of emergency admissions for people with long term conditions

- 5.2 A Delivery Plan that underpins the Health and Wellbeing Strategy and sets out the actions to be taken, initially in the first three years, to achieve the improvements and outcomes required was developed.

- 5.3 The Health and Wellbeing Board, in September 2013, delegated the responsibility for the monitoring of the implementation of the Delivery plan to the Delivery Group (Implementation Group). This group has received regular progress updates on each of the priorities from the respective leads, ensured remedial action is taken to address any barriers to progress, and reported to the Health and Wellbeing Board.

- 5.4 The table in Appendix 1 provides a summary of progress made since September 2013 to June 2014 in delivering each of the 9 priorities according to the plan's identified activities, actions and timescales. It is important to note that this report summarises only some of the work that has been undertaken up to June 2014 on objectives and actions. Progress is also being made on other areas of the delivery plan that have longer time frames. The updates which are regularly provided to the Health and Wellbeing Board on each priority area often cover all the delivery plan's objectives.
- 5.5 The delivery of the plan has been undertaken in partnership by the Health and Wellbeing Strategy partner agencies, the voluntary and community sector and by individuals. RAG ratings have been used to assess progress, where Green is good, Amber is fair, and Red is poor. Overall, good progress has been made in delivering the actions and activities identified in the Health and Wellbeing Strategy Delivery Plan. The Delivery Group provides an assurance mechanism that enables plans to be put in place to address areas where progress is identified as fair (Amber) or poor (Red).
- 5.6 Whilst the delivery plan monitors progress in the delivery of actions, progress in the delivery of outcomes is monitored through a Health & Wellbeing Performance dashboard. The indicators that populate the dashboard are taken from the national public health, social care and NHS Outcomes Frameworks.

## **6. Financial Implications**

- 6.1 There are no specific financial implications arising from this report; all activities continue to be delivered within the existing budgets. The Public Health budget is currently being reviewed and this could have an impact on the delivery of the plan.

## **7. Legal Implications**

- 7.1 There are no specific legal implications arising from this report. Members are reminded that under Section 195 Health and Social Care Act 2012, health and wellbeing boards are under a duty to encourage integrated working between the persons who arrange for health and social care services in the area.

## **8. Crime and Disorder Implications**

- 8.1 There are no specific crime and disorder implications arising from this report.

## **9. Equality Implications**

- 9.1 There are no specific equalities implications arising from this report however addressing health inequalities is a key element of the Lewisham Health and Wellbeing Strategy.

- 8.2 An Equality Impact Assessment (EIA) was carried out on the Lewisham Health and Wellbeing Strategy

## **10. Environmental Implications**

- 10.1 There are no specific environmental implications arising from this report.

## **Background Documents**

Both the Lewisham Health and Wellbeing Strategy and the Delivery Plan can be found on:  
<http://www.lewishamsna.org.uk/>

If there are any queries on this report please contact  
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## Appendix 1: Health and Wellbeing Strategy Delivery Update

Priority Area	Objectives	Activity and actions	Timescale	Progress to Jan 14 (R/A/G)		Progress to June 14 (R/A/G)	
1. Achieving a healthy weight	Capacity building/training-development of knowledge and skills around nutrition, physical activity and healthy weight to deliver effective brief interventions	To deliver training for midwives on maternal obesity and introducing solids for health visitors	annual	Training for both courses now mandatory for staff. 9 training sessions delivered to community and antenatal midwives and 2 training sessions to health visitors.	Green	During 2013/14 there were 12 training sessions delivered to community and antenatal midwives (122 staff attending training) and 3 training sessions delivered to health visitors (36 staff attending).	Green
		To deliver training to frontline staff on weight and nutrition guidelines	annual	Bespoke training sessions available to staff, 86 staff attended training (April to December).  Obesity PLT event in Dec 2013 attended by representatives from over 24 GP practices.	Green	A range of bespoke training sessions available to staff, topics included obesity, raising the issue, nutritional guidelines and weight management. 145 staff attended training during the year with 86% responding they would alter their work practices after attending the training.	Green
		To deliver Let's Get Moving Physical Activity Care Pathway training to primary care staff and the wider community	annual	Four Training sessions delivered including IAPT, Community Groups, Volunteers and Community Health Improvement team. Two briefing session delivered to primary care staff at the Cardiovascular GP Protected Learning event and the Obesity event 40+ attendance at both events.  Currently working with the Lifestyle Hub to arrange further joint visits to GP surgeries.	Green	20 GP Surgeries and 120 primary care staff received the LGM Physical Activity Care Pathway training which included physical activity brief advice training and capacity building.  Wider Community training and events included: NHS Health Check event – LGM Training; Lewisham Physical Activity Network event – 40+ attendance	Green

Priority Area	Objectives	Activity and actions	Timescale	Progress to Jan 14 (R/A/G)		Progress to June 14 (R/A/G)	
						<p>Obesity GP Event - 40+ attendance;</p> <p>North Lewisham steering group – 20+ attendance;</p> <p>Community Health Improvement Service 20 + attendance;</p> <p>Lewisham Volunteer Walk Leaders team 15+;</p> <p>Total 305 received the LGM Training</p>	
		To deliver Fitness for Life training programme to primary school teachers	annual	Piloted in 5 schools, further 9 schools to commence Jan 2014	Green	<p>A total of 12 schools are currently running the programme</p> <p>One school that was in the pilot stopped this academic year but confirmed will re-start in September . Currently 50 classes running the programme across the 12 schools, averaging 27 children per class = approx. 1,350 children</p>	Amber /Green
	Breastfeeding support services-providing easier access to breastfeeding and	To improve staff skills on infant feeding by delivering training and audit staff skills	Feb 2014	26 Health Visitors and Midwives attended 2 day breastfeeding management training this year. Also 65 of the Health visiting team	Green	The UNICEF Baby Friendly community stage two award was achieved in February 2014. The maternity services will have their final Stage 2	Green

Priority Area	Objectives	Activity and actions	Timescale	Progress to Jan 14 (R/A/G)		Progress to June 14 (R/A/G)	
	infant feeding support			attended Baby Friendly training in September (5 sessions and 52 have had a practical skills review and audit.		assessment before September 2014. Children's centres too are considering how they can also work towards Baby Friendly accreditation so that they can work more closely with health visitors and maternity services in supporting mothers to breastfeed.  As part of the initiative 37 Health Visitors and Midwives attended 2 day breastfeeding management training this year and 14 attended training on infant formula.	
	Healthier catering - working with early years settings, schools and fast food outlets to increase the range of healthy food options available	To work with school caterers to improve the uptake of school meals	March 2014	Joint promotional events (Public Health and Chartwells) to increase uptake of school meals include activities in libraries during family learning festival.		Amber	An annual Meet the Grower event where 180 school children were provided the opportunity to meet and interact with the farmers who grow their food (food to fork). The take up of school meals has remained constant over the year at around 60% for primary schools and 33% for secondary schools. The take up of free school meals was over 88% in primary and 77% in secondary schools over the period exceeded the target set

Priority Area	Objectives	Activity and actions	Timescale	Progress to Jan 2014 (R/A/G)		Progress to June 2014 (R/A/G)	
	Nutrition initiatives- working with communities to improve healthy eating and cooking skills of residents	To implement universal free vitamin D scheme to pregnant women, one year post natal and children under 4 years	March 2014	FreeD scheme launched in November. 48 community pharmacies registering and distributing vitamins. Very positive response from families, in first 6 weeks issued over 1000 bottles of women's tablets and 2000 bottles of children's drops.	Green	Since FreeD scheme launched in November 2013, very positive response from families. In first 4 months issued over 2500 bottles of women's tablets and 4000 bottles of children's drops. Early indications are that scheme is reaching 20-30% of those eligible.	Green
		To roll out healthy eating on a budget cooking courses	March 2014	Cookery courses commissioned and delivery started in December. A total of 12 courses to be run by March.	Green	Cookery courses commissioned and delivery started in December. A total of 6 courses delivered during the year recruiting 99 participants.	Green
		To support community projects in development of cookery/healthy eating	March 2014	Community projects supported by nutritionist as part of Downham Nutrition Partnership and North Lewisham Plan. OCN accredited healthy eating and running a cookery workshop training offered as part of Public Health promotion training.	N/A	Community projects supported by nutritionist as part of Downham Nutrition Partnership and North Lewisham Plan. 16 groups supported on cookery and training with 32 residents attending nutrition workshops. An accredited healthy eating and running a cookery workshop training offered as part of Public Health promotion training resulted in 12 successful graduates. Several of these now delivering or volunteering in community cookery programmes in the borough.	Green



	To monitor access to food banks in Lewisham	annual	6 food banks are now operational in Lewisham. Processes are being implemented to monitor quarterly access. To use data October to May 2013 as baseline when 1,000 people accessed food banks.	Green	(update same as previous for January).	Green
Workplace health initiatives - assisting employers to help their own employees improve their health	To deliver workplace events where healthy eating / options are promoted, beginning with the Council and partner agencies that are represented on the Health and Wellbeing Board	March 2014	Health event delivered in November for staff by Health Trainers who provided lifestyle brief interventions, on alcohol awareness and healthy eating.  Weekly health check sessions are planned beginning 17 <sup>th</sup> January 2014 on each floor in Laurence House  A Joint Workplace Health Group with representation from the Council, Occupational Health providers and Lewisham & Greenwich NHS Trust.	Amber	A total of 52 Health Checks and Wellbeing assessments were undertaken for local authority staff at Laurence House in over 5 weeks in January and February. A number of other staff opted for general information on health, including on healthy eating. Staff who the health check team saw and spoke to were very pleased with the service. A total of 31 staff members signed up for some form of follow up lifestyle support programme including healthy walks, Get Moving physical activity programmes and Health Trainer one-to-one lifestyle change programme.	Amber
	To work initially with the Council and partner <b>agencies</b> represented on the Health and Wellbeing Board to promote healthy	March 2014	Event held in November 13 included physical activity taster sessions for staff and healthy fruit drinks as alternatives to alcohol.	Amber	A Joint Workplace Health Group with representation from the Council, Occupational Health providers and Lewisham & Greenwich NHS Trust.  Assistant Director of Public	Amber

		eating and physical activity with their own employees.				Health working jointly with Environmental Health Food Safety Manager and the GLA to obtain approval for Lewisham Council and partners to sign up to the London Healthy Workplace Charter accreditation, which includes provision of evidence on the promotion of healthy eating and physical activity with employees.	
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Priority Area	Objectives	Activity and actions	Timescale	Progress to Jan 14 (R/A/G)	Progress to June 14 (R/A/G)		
	Obesity surveillance – monitoring levels and trends of overweight and obesity in the population <sup>1</sup>	To increase the participation in National Child Measurement Programme (NCMP)	annual	Participation rate for 2012/13 of 92% which exceeded national target of 85% and was similar to the national average	Green	(update same as previous for January)	Green
		To produce annual data set on BMI in pregnancy at booking appointment	annual	Data for 2012 received and analysed, results show that 51% of women are overweight or obese at their booking appointment.	Green	(update same as previous for January)	Green
	Weight management programmes - targeting those adults and children already identified as overweight or obese	To record and monitor overweight and obesity in adults aged 40-74 as part of the NHS Health Check programme	annual	Data monitored on a quarterly basis. NHS Health Check data (Oct 2012-Oct 2013) show that over 58% of adults are identified to be overweight or obese.	Green	(update same as previous for January)	Green
		To follow up proactively all children identified as very overweight in the NCMP by school nurses	annual	Healthy weight school nurse team telephoned families of all children identified as very overweight as part of 2012/13 programme (over 400 contacts). Currently contacting parents of year 6 children as part of the 2013/14 programmes	Green	(update same as previous for January).	Green
Streamline healthy lifestyle referral pathways following NHS Health Check	To commission a Lifestyle Referral Hub for those identified at high CVD risk after NHS Health Check	March 2014	Lifestyle Hub has been operational since July 2013. Referrals now being received from GP surgeries, Pharmacies and community teams. Website has been developed.	Amber	Referrals to weight management and physical activity programmes increased have increased.  251 for physical activity April-June 14; 178 for weight management	Green	

<sup>1</sup> This reflects the work of a number of strategies and plans. Detailed action plans are available for Breastfeeding, Promoting Healthy Weight in Children and Families Strategy, Physical Activity Plan, Food Strategy and Workplace Health

	Improved awareness of early signs and symptoms of key cancers such as bowel cancer, lung cancer and breast cancer.	To develop a cancer awareness raising programme in collaboration with the community and health improvement practitioners.	March 2014	CCG and Public Health have planned a review of cancer in early 2014. The outcome of this review will inform this programme development. Discussion taking place with CHI team to incorporate this in their service specification from April 2014.  Public Health England National Campaigns on	Amber	CCG and Public Health have completed a review of cancer in Feb2014.  Reducing variation in early detection is to be incorporated into the work of the CCG Primary Care Development Strategy Board.  Discussion are taking place with CHI team to incorporate awareness raising in their service specification from Sept 2014  Public Health England's National Be Clear on Cancer Campaigns that have focussed on Bowel Cancer, Bladder and Kidney Cancer, Lung Cancer, Ovarian Cancer and Breast cancer in older have been promoted to Primary care and communities	Amber
2. Increasing the number of people who survive colorectal, breast and lung cancer for 1 and 5 years	Improved awareness of cancer screening programmes	Bowel, Breast and Cervical Cancer Screening training developed as part of the Lewisham Health Improvement Training Programme aimed at improving the skills and knowledge of individuals with paid or unpaid health promotion role.	March 2014	Bowel Cancer Screening: An Introduction is included in the Health Improvement Training Brochure Nov 2013-April2014.	Green	The Bowel Cancer Screening: An Introduction was included in the Health Improvement Training Brochure Nov 2013-April2014, but the course was cancelled as there was low uptake.  No dates have been provided for the 2014-15 health improvement training programme brochure.	Red

		Work with the health promotion specialist for the South East London boroughs to promote the Bowel Cancer Screening Programme, providing resources and training for primary care and community and voluntary groups	March 2014	The Specialist Health Promotion Officer		The Specialist Health Promotion Officer for Bowel Screening delivers the above training.	Red
		Application to Macmillan to fund GP lead for Cancer and if successful to work with practices on education for primary care to improve cancer awareness and early diagnosis, screening uptake and improved survivorship.	2013-15	Application to Macmillan has been successful and now need to recruit a GP.	Amber	Application to Macmillan has been successful and process of recruiting a lead GP is being put in place. .	Amber

Priority Area	Objective	Activity and Action	Timescale	Progress to Jan 14 (R/A/G)		Progress to June 14 (R/A/G)	
3. Improving immunisation uptake	Further development and implementation of care pathways – active management of individual children to ensure that they are immunised is key to success	To ensure HV pathway, similar to that in MMR pathway, becomes an integral part of the preschool booster pathway	April 2014	-	-	The development of a HV pathway in order to increase uptake of the pre-school booster (PSB) and MMR 2 has not been possible, and attention has been focussed instead on the development of a Children's Centre Pathway to achieve the same end. Children's Centres Managers have agreed in principle to this, and the pathway is currently under development. The aim is to complete this work and to launch the new pathway in July	Red\ Amber

		To agree with SANS and with NHS England a care pathway for immunisation of school aged children in Lewisham	April 2014	-	-	A pathway for the immunisation of school children has not yet been developed. A meeting is to be held on 13th June and will start the process whereby we hope that a pathway can be agreed by Sept 2014	Red/ Amber
Support for GPs in aiming for best practice, in implementing care pathways fully and to ensure good flow of data. Support to include feedback of information to practices.		To agree and deliver a training programme for GP facilitators so they can support practices in maximising the uptake of vaccines	Sept 2013	Training Programme to be delivered in Jan 2014.	RED	Training Programme has now been delivered to GP Facilitators	Green
		To produce monthly dashboard mail-out for GP practices, detailing individual surgery performance on uptake of MMR and quarterly performance on uptake of preschool booster	Monthly for MMR Quarterly for PSB	Dashboard prepared and circulated monthly as agreed	Green	Monthly GP dashboards being disseminated. Some problems with these, but currently being addressed	Green
		To support GPs in introducing changes to national immunisation schedule through providing training for practice nurses, advice on formulation of patient group directives, and promoting new vaccines.	Respond as soon as possible as changes are announced	Training for Practice Nurses delivered within two weeks of introduction of changes. Information provided to all GPs on changes. NHSE now in charge of development of PGDs	Green	Support on changes to national schedule provided	Green

		To agree annual action plan aiming to improve uptake of influenza vaccine. Those at risk require immunisation each year, against the predicted prevailing types of the virus for that year.	Annual	Annual action plan agreed for 2013/2014. Increase in uptake achieved. Full report in due course.	Green	Influenza action plan for 2013/2013 agreed and implemented with positive effective. Plan for 2014/2015 to be in place by September 2014	Green
4. Reducing Alcohol Harm	Strengthening population based approaches to prevention through effective enforcement of regulations relating to alcohol supply	Strengthen and Review LBL licensing policy	March 2014	Licensing policy being reviewed and will be out to consultation soon	Amber	New deadline for Licensing policy being reviewed is March 2015.	Amber
		To ensure Licensing Law and Regulations are used whenever possible	ongoing	Arrangements in place between LBL and police, will be strengthened through increased in put from public health	Amber	Data from A & E attendances shared with police by PH to inform targeting of resources for enforcement	Green
		To develop a system for the Director of PH to consider and respond to Licensing applications	March 2014	London Safe Sensible Partnership commissioned to set up system	Green	A robust system is now in place and PH have responded once as a Responsible Authority to a licence review.	Green
		To develop a rolling programme for test purchasing operations by Trading Standards for 'off sales' and Under Age Sales	ongoing	-	-	15 test purchase attempts 2 sales ( traders given warning as no previous history).	Green
	Improving referral pathways and expand interventions to support those most	To review and improve locally defined referral routes and care pathways for alcohol (to include	March 2014	CRI continue to promote alcohol services  Alcohol referral pathways have been updated on GP	Amber	Due to changes within the staff team at CRI New Direction referral routes and care pathways for alcohol have been updated and will continue to be promoted and	Amber



	at risk	referral procedures), including specific groups such as vulnerable adults, young people and those 40-74 having health checks)		Interactive		reviewed.  More could be done to promote the specialist service.	
	Training for practitioners working in Lewisham to deliver effective screening and brief interventions for alcohol misuse.	To deliver alcohol IBA training sessions for the GP Protected Learning Time Event.	Aug 2013	49 GPs attended event Protected Learning Time and very positive evaluations received	Green	Completed	Green
		To undertake an evaluation of alcohol IBA Training to be undertaken and produce recommendations for the future.	Oct 2013	Evaluation completed with recommendations 120 front line workers trained in total. Training effective:  Evaluation recommendations actioned and training being planned for Pharmacy Staff, Police, Voluntary sector	Green	completed	Green
	Co-ordination and enforcement of existing powers against alcohol-related crime, disorder and anti-social behaviour	Responsible Retailers Agreements to be signed with off licences in drinking hotspots to remind them of their licensing responsibilities and identify problem premises.	March 2014 & ongoing	-	-	Work has been undertaken in two hotspots – Catford & Deptford & New Cross  LBL Neighbourhood Community Safety Service is currently working alongside retailers in and around New Cross and Deptford to withhold super strength lines for an initial period of six months in an attempt to diminish the level of anti-social behaviour related to alcohol, the scheme currently has 29 retailers on board.	Green

						A similar approach is being developed in Catford plus outreach with street drinkers	
		Audit offenders with alcohol related offences once a year to ensure appropriate support has been offered and review how Probation clients access alcohol services and embed Alcohol Treatment Requirements with alcohol care pathway	ongoing	Alcohol Treatment Requirements work undertaken and regularly reviewed with CRI and Probation	Green	Alcohol Treatment Requirements work has recently been taken over by CRI Lewisham Integrated offender Management service. Same procedures remain and will continue to be regularly reviewed with Probation	Green
	Workplace health policies – assisting employers in developing policies and schemes that promote consistent messages about alcohol harm	To work with partners to review and/or develop workplace alcohol policies to support improvement of health of the working population and reduce sickness absence	2014	LBL reviewing all policies. No progress yet on alcohol policy	Red	Draft alcohol policy. Final not available	Red
	To produce and widely distribute consistent alcohol messages & signposting to support services.	Communications strategy including websites, posters, twitter, Lewisham Life, press and bus stops & billboards	March 2014	This work has recently begun	Amber /red	Key messages agreed and communications plan now in place linked to national alcohol awareness campaigns such as Alcohol awareness week in Nov and Dry January	Amber
		To raise awareness of alcohol harm amongst children & young people through SE Lesson, Health Days and Junior Citizens.	ongoing	779 Children and young people have been reached via awareness sessions delivered by the LBL Drugs and Alcohol Action Team	Green	1,936 Children and young people have been reached via awareness sessions delivered by the LBL Drugs and Alcohol Action Team	Green

		To develop partnerships between community groups, including those in Bellingham Well London & North Lewisham and alcohol treatment agencies.	March 2014	Delivered two presentations to the North Lewisham Steering group on alcohol treatment services .  Two meetings have been held with Bellingham to discuss Alcohol training/briefing session for Well London Volunteers – training to be planned when volunteers are available.	Amber	Two Alcohol IBA training sessions been delivered and offered to Bellingham Well London and North Lewisham community groups. Over 35 people attended the training which included IBA skills as well as knowledge of local services	Green
		To develop a social marketing campaign to include raising awareness of alcohol harm amongst young women and a mobile one application aimed at those most at risk to reduce alcohol related harm	March 2014	Mobile phone app. is currently being developed with young women and due for completion during Q4	Green	Mobile phone app. is completed and has been released and is available as an App on social media.	Green
	Share intelligence to ensure a targeted approach to tackling alcohol related violence.	To establish a process that allows alcohol related assault data to be collected by UHL A&E and shared with the police and public health to inform a targeted response.	2014	Routine data collated and analysis undertaken and shared across agencies. Targeted interventions currently being considered	Green	No alcohol related assault A & E data has been received by Public Health from L & GT in 2014. This is being followed up.	Red

Priority Area	Objective	Activity and Action	Timescale	Progress to Jan 14 (R/A/G)		Progress to June 14 (R/A/G)	
5. Preventing the uptake of smoking among children and young people and reducing the numbers of people smoking <sup>2</sup>	Vision for tackling tobacco use is understood and shared across the Health and Well Being Board partners	To develop a clearly articulated and shared vision.	March 2014	Paper to H & WB Board Sep13 & approach endorsed  Mayor & Cabinet signed Local Declaration on Tobacco Control Dec 13	Green	Completed	Green
		To ensure shared understanding across all partners on the effective methods for reducing tobacco harm and progress.	March 2014	Paper to H & WB Board Sep13 & approach endorsed.  Smokefree Future Delivery group – good representation across agencies	Green	Completed	Green
		To disseminate evidence to inform and engage strategic groups	ongoing	Paper to H & WB Board Sep13 & approach endorsed.	Green	Completed	Green
	Motivate and assist smokers to quit	To promote and deliver <i>Very Brief Advice</i> training as widely as possible. (including all health visitors & all school nurses) and primary care	Annual and ongoing	Regular programme provided by Stop Smoking Service (SSS)	Green	Regular programme provided by SSS  20 nurses and 11 GPs trained this year	Green
		To target smoking parents of	2014-15	In CCG strategy and Commissioning intentions	Green	Planning underway to improve pathway.	Green

<sup>2</sup> This is part of the Smokefree Future Delivery Plan 2013/16. The overall indicators for actions in delivery plan are:

Reduce smoking prevalence to 15% by 2016

Reduce the number of primary smoking related fires (those that cause harm to people, damage property or require five or more fire engines)

Reduce the number of secondary smoking related fires being all other (less serious) fires such as rubbish fires.

		asthmatic children and work with CCG, primary care and others on identification and developing action plan					
		To ensure that service spec and action plan of SSS incorporates recommendations from health equity audit 2013.	annual	Recommendations to be reflected in 2014/15 Service Spec for SSS.	Green	Recommendation reflected in 2014/15 Service Spec for SSS	Green
		To contact people who have received service and to re-engage them in service if they have relapsed.	ongoing	Systematic follow up by SSS every quarter	Green	SSS following up people who have relapsed	Green
		To develop communications plan for Stop Smoking service.	Ongoing	Stoptober campaign supported by LBL	Amber	Integrated smokefree communications plan in place encompassing Stop Smoking Service, Smokefree Homes and Preventing the uptake of smoking among young people.	Green
		To improve referral pathway to stop smoking services	annually	Embedded in SLAM, L & GT & primary care where no SSS	Green	completed	Green
	Engage schools and colleges in 'tobacco free' agenda and commission education programmes	CYP Forum to promote tobacco free agenda	2013/16	No update available	-	No update available	-
		To offer a minimum of 5 secondary schools will be offered a tobacco	2013/14	Programme completed with year 8 in 3 schools, 1 planned for spring and 1 for summer terms. Positively received and evaluated	Green	Programme completed in a total of 5 schools	Green

	to influence young people not to start smoking.	peer education programme .					
		Cut Films to work with LeSoCo on design/ film making curriculum to involve young people in tobacco peer education.	2013/14	<p>LeSoCo Lewisham College 14-16 year olds -Will finish making films next year expecting 3 entries. (18 young people)</p> <p>Worked directly with 320 young people, with a total of 43 films in 12 youth clubs/schools</p>	Green	<p>A total 76 films made about tobacco in the borough, involving more than 2000 young people in Lewisham.</p> <p>Award ceremony in June.</p> <p>Two films nominated to national competition.</p>	Green
	Regulate tobacco products effectively	Trading Standards to reduce access to illicit tobacco through gathering intelligence, targeting suppliers and enforcement.	2013/15	<p>Recently appointed Tobacco Control Officer working with Trading Standards &amp; other LBL colleagues and police in an ongoing rolling programme of age restriction enforcement in partnership with the Met (MPS) who provide underage Police Volunteer Cadets to conduct TPs. This is a monthly event and covers several age restricted categories but focuses on alcohol and tobacco.</p> <p>An initial programme of 50 visits to self storage units and retailers within the Borough carried out in 2013. As at 31/03/2013 Illicit tobacco found at 5 retail premises from which 14.5 kg of hand rolling tobacco (290 pouches), and approx 55,000 cigarettes have been seized along with 20 packs of inadequately labelled snuff and some banned oral tobacco. Evidence was obtained suggesting that over 195,000 illicit cigarettes along with 70kg hand rolling tobacco had previously been supplied at one site. One retailer has been prosecuted and</p>	Green	<p>Rolling inspection plan includes detection dogs, police &amp; HMRC to maximise impact on illegal supply:</p> <p>260 inspections of relevant retailers this period. Common breach is no 'A3 Age Restricted Sign' – dealt with by a warning and provision of sign by LBL Tobacco Control Officer.</p> <p>150 inspections with a bespoke tobacco detection dog this period</p> <p>25 000 illegal cigarettes seized.</p> <p>600 Kilograms Hand rolling tobacco (HRT) seized this period.</p> <p>Half a tonne+ of illegal hand rolling tobacco seized in one inspection (the largest ever seizure by a local authority in the UK).</p> <p>34 Tobacco under ages sales</p>	Green

fined £12,000 and written warning and surrender of product for destruction instructions issued to others.

with 5 sales.

15 e Cigarettes test purchases by under age volunteers. 4 sales. (Becomes an age related offence in 2015)

1 case of unpackaged cigarettes. No sale witnessed. Advice given.

10 Kilograms of Shisha tobacco seized for incorrect labelling. Warnings given.

Small quantities of illegal 'smokeless' ('niche') found in a few independent retailers.

Partnership working with MPS (police), HMRC (customs) and HO ICE (formerly UKBA –aka Immigration)

Internal LBL partnerships with Rogue Landlord Task Force and Environmental Health to secure lawful entry to residential premises.

Partnership with utility companies to secure lawful entry to residential premises.

14 retailers interviewed under caution for breaches of regulations

2 convictions under Reg14 Tobacco Products (Manufacture, Presentation and Sale)(Safety) Regs 2002. Fined £1 600 plus £80 victim

						<p>surcharge.</p> <p>1 warrant executed. 60 00 illegal DVDs and 10 kilograms Hand rolling Tobacco</p>	
		To appoint dedicated officer to work on tobacco regulation and continue monitoring compliance with legislation.	Sep 2013	<p>Lewisham is a member of the SELTA of Trading Standards and Public Health Professionals who are working together on tobacco control activities.</p> <p>Dedicated officer recruited and started Dec. Funding includes post and ancillary budgets e.g. to employ tobacco detection dogs to support enforcement action and produce information and publicity material.</p>	Green	Completed	Green
		To undertake a Shisha (tobacco) users survey in Lewisham	March 2014	Survey currently being conducted on behalf of South East London Tobacco Alliance (SELTA). Has commenced in Greenwich & will be rolled out across S E London.	Green	Local survey completed an shisha use – 26% of smokers & 12% of non smokers. Young people more likely to use shisha. The very high levels of shisha use seen among young cigarette smokers are of concern. Shisha may be acting as a gateway into regular cigarette smoking. poor knowledge of its potential health impacts and legality.	Green
	Communicate tobacco free agenda effectively.	To raise awareness of the risk of cheap illicit tobacco, including the use of social marketing tools such as Twitter/Facebook	2013/14	<p>LBL Systems Development &amp; Data Analysis Manager at Wearside Service Centre providing training on use of FB/Twitter</p> <p>LBL Media Support (Comms) to provide support with formulating a bespoke Communication Strategy promoting the Tobacco Free</p>		<p>Integrated communications Plan</p> <p>Several media releases about seizure and prosecutions for illicit tobacco, linked to stop Smoking Services</p>	Green



				Agenda and risks posed by illicit tobacco			
		To promote images of 'Smokefree' and align local comms to national campaign on Smokefree	Ongoing  Dec 2013	Communications strategy currently being developed	Red	Integrated communications Plan in place	Green
		To contribute to Bellingham Well London, North Lewisham Health Improvement programme & other local initiatives by providing information about SSS, developing creative projects and training staff and volunteers	March 2014		Red	Community groups, staff & volunteers trained in Brief Advice & Smokefree Homes. Plans underway to raise awareness of illicit tobacco and intelligence gathering	Amber
	Reduce exposure to second hand smoke	To engage animal organisations to promote smokefree homes	March 2014		Red	Smokefree leaflets distributed to all Veterinary Surgeries in Lewisham to raise awareness with pet owners who visit their surgeries – well received by vets & their customers	Green
		To promote smokefree homes and cars systematically with all staff working with pregnant women, children and families and housing staff through publicity	March 2014	Training planned for February	Green	There was no uptake for the training despite the publicity.  Training undertaken with some small housing providers.  Smokefree home posters produced by local primary school pupils  Promoted by Phoenix Housing	Amber

		& training				& libraries	
		To commission training on smokefree homes and prevention of CYP uptake of smoking.	March 2014	Training planned for February	Green	Training took place and was attended by 8 people who work with young people	Green
	Workplace health	To ensure brief advice provided to all staff smokers by all partners	ongoing	LBL staff have access to SSS quit line on website and a drop in at Laurence House	Amber	LBL staff have access to SSS quit line on website and a drop in at Laurence House. No update on other partners.	Amber
		To work with organisations to enforce no smoking policy outside entrances and in grounds	On going		Amber	No update, so status remains as at previous update	Amber

Priority Area	Objective	Activity and Action	Timescale	Progress to Jan 14 (R/A/G)		Progress to June 14 (R/A/G)	
6 Improving mental health and wellbeing	Ensuring those in BME groups and at high risk of anxiety and depression get access to IAPT services	To actively promote IAPT services through GP practices in BME groups	April 2014	No updated information available at present – to follow for next board.	-	31% of people referred to IAPT are from BME groups, compared to 46.6% in the population (although a significant proportion of population is under 18 and not eligible for IAPT services). 62% of referrals come from GP	Amber
		To encourage self referral to IAPT from BME communities through active promotion of services	April 2014	See above	-	Around 19% of referrals are self referrals. There is no BME breakdown of self referrals. The BME community development works account for less than 1% of referrals	Amber
	Improve recognition of poor mental health by front line workers (statutory and voluntary sector) and equip them to support individuals experiencing	To offer a programme of mental health first aid training to all front line public and voluntary sector workers to support them to respond to the needs of people with mental health needs.	Reviewed annually from April 2014	Mental health first aid course run in October and attended by 13 people. Further courses scheduled for 2014	Green	Mental health first aid course is to be included in the health improvement training programme for 2014/15 but no dates have so far been provided for inclusion in training brochure	Amber

	mental illness.	Youth Mental Health First Aid training courses to be delivered prioritising those working with vulnerable young people	April 2014	4 Youth mental health awareness sessions run for foster carers, 2 Youth mental health first courses run.	Green	Youth Mental health first aid course is to be included in the health improvement training programme for 2014/15 but no dates have so far been provided for inclusion in training brochure	Amber
	Improve the physical health of those with poor mental health.	To offer support to all patients seen by SLAM identified as smokers to stop smoking	April 2014	Currently over performing on quit target for SLAM	Green	Currently over performing on quit target for SLAM	Green
		To offer Annual physical health checks to all patients on GP SMI registers	April 2015	Lewisham practices performed worse than London and England on specific health checks for patients with SMI including BP, Cholesterol, HBA1c and cervical screening	Red	Percentage of service users who have been in SLaM hospital / long term health care for more than one year have had a physical health check in the last 12 months was reported at 100%	Green

Priority Area	Objective	Activity and Action	Timescale	Progress to Jan 14 (R/A/G)		Progress to June 14 (R/A/G)	
7. Improving sexual health	Ensure that all young people know how to access and use free condoms, and are equipped with negotiation skills through the SRE programmes to use them to protect themselves.	To develop a Lewisham Sex and Relationships Education curriculum and lesson plans with school nursing and sexual health	April 2015	Lesson plans have been developed for year 8s with sexual health and school nurses. Further development required for other year groups.	Green	Update remains the same as previous.	Green
		To ensure that all Lewisham secondary schools are offered access to SRE lessons from local services	April 2014	SRE lessons offered to all schools in Summer term of 2013 and winter term of 2013/14. 8 schools took up the offer.	Green	Update remains the same as previous.	Green
		To ensure young people are able access sexual health services in a variety of settings in a timely manner	April 2014	Sexual health clinics have reconfigured their opening times, meaning more young people are access the Waldron, now open on Saturday mornings. Sexual health training is also been offered and delivered to foster carers and youth service.	Green	Update remains the same as previous.	Green

	Objective	Activity and Action	Timescale	Progress to Jan 14 (R/A/G)		Progress to June 14 (R/A/G)	
	Continue to expand the opportunities to promote and access LARC	To develop and commission pathways for Long Acting Reversible Contraception for primary care	April 2014	LARC primary care service spec is currently being reviewed for April 2014 to enable more GPs to participate.	Green	Update remains the same as previous.	Green
		To ensure all women accessing emergency contraception and abortion services are offered rapid access to LARC	April 2014	Service Spec for pharmacy emergency contraception from April 2014 to include offer of LARC.	Amber	Update remains the same as previous.	Amber
		To provide all practices with rapid HIV tests following attendance at SHIP training	April 2014	Currently minimal uptake of rapid tests by practices. This is due to the infrastructure issues with offering a test in where there is no new patient check in place. Working with interested practices to resolve this.	Amber	Update remains the same as previous.	Amber
	Increase the offer and uptake of HIV testing in primary care (GP practices) as part of routine practice	To develop co-ordinated information and advice services to enable people to secure appropriate advice and support at an early stage	March 2014	SHIP training has been having a positive impact on HIV testing rates.	Green	Update remains the same as previous.	Green
		Offer a rolling programme of HIV training and updates for all primary care staff	Sept 2014				

Priority Area	Objectives	Activity and Actions	Timescales	Progress to Jan 14		Progress to June 14		Progress to Sept. 14
<p><b>The objectives and actions for priority 8 are currently being reviewed to ensure that they align to the activities detailed in the Better Care Fund Submission. It is anticipated that the objectives and actions for this priority will be updated following the review.</b></p>								
<p>8. <b>Delaying and reducing the need for long term care and support</b></p>	<p>Providing support for people with complex needs to live at home</p>	<p>To further enhance enablement service to reduce unnecessary hospital admissions and ensure timely and effective hospital discharge.</p> <p>To integrate risk stratification and collaborative care planning.</p>	<p>October 2014</p> <p>Collaborative care plans for top 2% of patients to be in place 30 September 2014.</p>	<p>Consultation with staff on the reorganisation of Adult Social Care linked to the creation of the Enablement service.</p>	<p>A</p>	<p>Ongoing consultation and reorganisation of Adult Social Care.</p> <p>Developing referral routes and service pathways for the enablement service.</p> <p>London Ambulance Service/ GP protocols for Appropriate Care Pathways agreed.</p>	<p>G</p>	<p>New Integrated enablement pathway established. This incorporates admission avoidance, and hospital discharge teams.</p> <p>London Ambulance Service/GP Pathway Appropriate Care Pathway launched.</p> <p>New Innovation with LIMOS (Lewisham Integrated Medicines Optimisation Service) in discharging from hospital</p> <p>All GP practices have compiled a register of the top 2% of patients (approximately 4,000) most vulnerable to a hospital admission. AICPB agreed to</p>

								further develop the work in relation to risk stratification by undertaking a pilot in a group of GP surgeries.
	Providing integrated care and support (Transforming care planning and streamlining care pathways)	Development activity for the Virtual Patient Record Project (VPR)	July 2014	Full business case approved for the VPR project.	G	VPR contract signed with Orion Health.	G	Virtual Patient benefits capture workshops took place on 20 Aug (adults) and 12 Sept (CYP)
		Promoting values and behaviours that promote successful integration (workforce development activity)	September 2014		A	Establishing Steering Group and Consultation with key stakeholders.	A	Launch event took place on 10 Sept which included a presentation from Orion Healthcare and an offer for other organisations to get involved in sharing data through the VPR. The VPR has now been branded as 'Connect Care'.  Draft of project report prepared for steering group on 5 <sup>th</sup> September 2014; consultation with key stakeholders.
		Developing a Single Point of Access	October 2014				G	Testing the IT connection to the District Nurse system has been successfully completed.



		Establishing the Neighbourhood Community Care Model	April 2015				Operational managers from SCAIT and District Nursing have developed a common assessment form which incorporates the initial contact form for both organisations and will be used to identify to suitable services to direct people to, or refer to the Neighbourhood Team.
		Implement an integrated information and advice model	April 2015	Workshops undertaken to map information and advice pathways.		The workstream has identified the mechanisms currently used by individuals to access information and advice. Options developed to establish a comprehensive on	Recruitment to the Neighbourhood Coordinator posts. Workforce development meetings taking place to help shape how way the Neighbourhoods work.  Review of the four neighbourhood sites to establish capacity of the offices and working practices of incumbent teams.  AICPB agreed in principle to utilise Lewisham's website to develop an enhanced on line information offer subject to a detailed

						line information and advice offer.		specification for the web resource.
	Enabling people to manage their own conditions at home	To establish community development posts to work in the community and local neighbourhoods, alongside health and social care staff, to develop alternatives to statutory care and support and improve communication and referral lines.  Develop Extra Care housing.	Dec 2013	Established Community Connections Steering group. Recruitment of Coordinators and Navigators.	G	Project up and running, strong links in the community. Increasing referrals.  Nominations and allocations for Conrad Court agreed.  Launched the procurement of a partner to deliver the	G	The project has now been running for 10 months. 55% of referrals are from adult social care and 7% from GPs. 413 people have been supported to date (against a target of 1200 for the 18 month period). Facilitators have reached capacity and waiting lists are increasing Community development activity over the past month has included: 2 new groups established in partnership with Timebank, a collaboration between lunch clubs and a music project, 3 new organisations working with Community Health Improvement Service, a 'techy tea party' pilot delivered.  Planning application submitted 5 <sup>th</sup> September.

						<p>Campshill road EC scheme.</p> <p>Worked with Phoenix Community Housing association to develop an approach for catering at Hazelhurst Court.</p>		<p>Planning application submitted.</p>
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9.	<p>Reducing the number of emergency admissions for people with long term conditions</p>	<p>Implementing the key principles for treatment and care for all people with long term conditions; Risk Stratification, Integrated Care Teams and Self Care.</p>	<p>To ensure the implementation of the Register, Recall and Review (3Rs) used to support the management and treatment Diabetes in partnership with patients is embedded in Primary Care (GPs).</p> <p>To continue the development of Neighbourhood Community Teams of health and social care professionals acting as a coherent body in local networks.</p> <p>To develop increasingly sophisticated risk stratification initiatives</p>	<p>Ongoing</p>	-	-	<p>This work is ongoing and an evaluation of the year 1 is underway.</p>	<p>Green</p>
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		<p>in order to identify, at successively earlier stages, those at risk of any deterioration which might lead to emergency admissions.</p> <p>To roll out all practices the Year of Care approach to diabetes management, which supports patient empowerment and self-care through motivational interviewing techniques. This approach to be developed for use in all long-term condition management and self-management.</p>					
	<p>Encouraging GPs to identify undiagnosed COPD, Diabetes and CVD (hypertension, atrial fibrillation, Arrhythmia, heart failure, CHD) among patients)</p>	<p>To utilise national schemes to support practices (E.g. QP QOF: Quality and Productivity – Quality Outcomes Framework, Direct Enhanced Schemes; Dementia – DES)</p> <p>To utilise Lewisham Neighbourhood Primary Care Improvement Scheme (LNPCIS) to support practices in their identification of patients at risk of LTCs utilising Risk Stratification as a tool.</p>	Ongoing	GP Disease Prevalence Registers (CMS)	-	A National Enhanced Scheme commences in July. LCCG have developed a support package for GP practices with a dedicated Project Manager.	Amber

		To support practices in order to standardise processes and share best practice in identifying the undiagnosed	Ongoing	GP Disease Prevalence Registers (CMS)		GP Disease Prevalence Registers (CMS) Patient feedback (Breatheasy, Diabetes Forum and LTC Group)	
	Providing support, training and development to primary care in the management of long term conditions.	To continue GP Education and Training Programmes, including Year of Care training mentioned above.	Ongoing	-	-	The CCG has an annual programme of training events for GPs and is developing via HESL bids programmes for practice nurses	Green
	Redesign of all key LTC pathways	To continue to integrate the diabetes pathway, including primary care, community care and self care aspects	2014/15	-	-	Integrated pathway development is underway for diabetes and COPD.	Green

		To review the asthma pathway to ensure that it is efficient, effective and provides quality outcomes for patients	2014/15	-	.-	Patient event held earlier this year and pathway review is underway	Green
		To undertake an Holistic review CVD pathways from diagnosis to treatment. Develop mechanisms within the urgent care environment which enable a reduction of patients who present with unplanned admissions for their LTC.	2014/15	-	-	Quality Innovation Productivity and Prevention (QIPP) Programme Patient Feedback	Amber